



FREE Mental Health Services

UP & UP Mobile Health Care Clinic

under the University of Tennessee-Knoxville (UTK) will travel to five counties one day a week to provide telehealth services

Services will be provided as a part of the
UTK College of Nursing *UP & UP Program*

The 5 counties being served by this initiative are:

Monday- **Sevier County**
Tuesday- **Hamblen County**
Wednesday- **McMinn County**
Thursday- **Morgan County**
Friday- **Monroe County**

Psychiatric Mental Health Nurse Practitioners, along with PMHNP students, will expand access to quality mental health care services to socially vulnerable communities.

The Underrepresented Providers & Underrepresented Populations (UP & UP)

Program:

- ✓ Will allow self-referrals and scheduled appointments only
- ✓ Will provide services for both insured as well as UNINSURED patients
- ✓ Will allow patients to connect either at home or via the mobile health care clinic

UP-UP.CON.UTK.EDU

865-348-7718



What is the Up and Up Mobile Clinic?

- The mobile clinic is a clinic on wheels! Operated by the University of Tennessee, College of Nursing the mobile clinic will drive to five different counties Monday-Friday and will function like a typical doctor's office.

What kind of services does the clinic provide?

- The clinic will be providing mental health services only at this time. We will be doing medication management and psychiatric assessment for things like anxiety, depression, ADHD, Bipolar Disorder, etc. We will not be providing primary care services.

What ages does the clinic see?

- We will be accepting patients throughout the lifespan, so any age is welcome.

How will I see my provider?

- Your provider will visit with you via telehealth. You will be able to see and hear each other over a secure network. On the van we will have everything you need to complete your visit, or you can see your provider from home using either a smart phone or computer with camera and speakers.

Who will my provider be?

- Your provider will be a board certified and licensed psychiatric nurse practitioner. There will also be nurse practitioner students from UT College of Nursing with your provider.

How much will it cost me?

- It will cost you nothing for your visit. We accept all insurances and UNINSURED patients as well. Any medication that is prescribed would not be covered. If medication is required, your provider will work with you to select affordable options.

Will I always get a prescription?

- After an assessment your provider will decide if medication is needed, or if other options may be more helpful for you.

Do you prescribe controlled medication?

- Typically, controlled medications like Adderall, Xanax, Ambien will **not** be prescribed by our clinic.

How do I get an appointment?

- Appointments are required to provide you with the best care. You can contact the clinic at 865-348-7718, or make an appointment with the project manager on the days when the mobile clinic is in your county.

Can I bring someone with me to my appointment?

- Yes, you can bring someone, and minors will always need an adult legal guardian present. The van is small and will fit 1-2 people comfortably.

Where can I get more information about the clinic?

You can visit the website at

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